

Steve Sisolak
Governor

Richard Whitley, MS
Director



DEPARTMENT OF
HEALTH AND HUMAN SERVICES
DIVISION OF PUBLIC AND BEHAVIORAL HEALTH
Helping people. It's who we are and what we do.



Lisa Sherych
Administrator

Ihsan Azzam,
Ph.D., M.D.
Chief Medical Officer

Nevada Office of Minority Health and Equity (NOMHE) Advisory Committee Candidates



DEPARTMENT OF
HEALTH AND HUMAN SERVICES

DIRECTOR'S OFFICE

Helping people. It's who we are and what we do.



April 28, 2022

Memorandum

To: Dr. Jon Pennell, Chair
Nevada State Board of Health

From: Tina Dortch, Program Manager
Nevada Office of Minority Health and Equity (NOMHE)

Re: **(NRS.232.482) There is hereby created in the Office an Advisory Committee consisting of nine voting members appointed by the Department and State Board of Health; June 3, 2022 APPOINTMENT Requested**

In accordance with Nevada Revised Statutes (NRS) 232.482, it is the responsibility of the State Board of Health to appoint six members of the Nevada Office of Minority Health and Equity (NOMHE) Advisory Committee on Minority Health (i.e. AC), as detailed below:

1. The Director of the Department shall appoint three members who have an interest in health issues related to minority groups.
2. The State Board of Health shall appoint:
 - a. Three members representing each geographic region of the State, including one member who resides in southern Nevada, one member who resides in northern Nevada and one member who resides in rural Nevada;
 - b. One member who is a representative of a non-profit organization located in the state;
 - c. One provider of health care in this state; and
 - d. One member of the public at large.
3. One Legislator who is appointed by the Legislative Commission shall serve on the Advisory Committee in an ex-officio, nonvoting capacity.

As of this correspondence, four of the nine NOMHE seats are currently vacant. Per this letter, **appointment is being requested for two (Board of Health appointed) candidates**. With this action, seven seats (thus maintaining quorum) will be filled - four by Board of Health appointments.

Staff Recommendation

Staff recommends that, effective with your ruling, the Nevada Board of Health appoint the following persons to the Nevada Office of Minority Health and Equity Advisory Committee on Minority Health, to serve a two-year term:

- **Rutu Ezhuthachan** (Chief Medical Officer, Health Plan of Nevada Medicaid)
Healthcare Provider Representative (Board of Health appointment)
- **Reimund Sarifica** (Associate Professor, UNLV School of Medicine; President AAPI Nursing Association of NV)
Nonprofit Representative (Board of Health appointment)

A copy of both candidate's resumes are attached and a matrix denoting a selection process which addresses maintaining the statutorily required ethnic, geographic and professional diversity inclusive composition.

Presenter

Tina Dortch, Program Manager, Nevada Office of Minority Health and Equity

NOMHE Advisory Committee on Minority Health Board Composition as of April 2022

| | Name | Ethnicity | N NV, S NV or Central NV | Notable Interest in Health Issues Re to Minorities | Nonprofit | Healthcare Provider | Representative from Public at Large |
|----|-----------------------------------------------------------------------|---------------------------|--------------------------------|----------------------------------------------------------------------------------|-----------------------------------------------|------------------------------------------|-------------------------------------------|
| 1 | Rutu Ezhuthachan, MD (BoH Appt PENDING ; June 2022) | Black | Southern NV | | | CMO, Health Plan of NV Medicaid | |
| 2 | Crystal Lee, PhD (1 of 3 Dir Re-Appt; May 2022) | Native American | Southern NV | Professor of Native American Health Equity; Research Clinician | | | |
| 3 | Samuel Hickson, PhD (2 of 3 Dir Appt; May 2022) | African American | Southern NV | LGBTQ awareness, disparities, research | | | |
| 4 | Erik Jimenez (BoH Re-Apptd; Sept 2021) | Latino | Northern NV | ABLE Savings Account (for Differently Abled) | | | |
| 5 | Reimund Sarifica, PhD (BoH Appt PENDING; June 2022) | Asian/Pacific Islander | Southern NV | Assoc Professor – UNLV School of Nursing | Pres, AAPI Nursing Association of NV | | |
| 6 | Andrea Gregg (BoH Re-Apptd; Dec 2020) | Caucasian | Northern NV | | Workforce Development | | |
| 7. | Rev. Dr. Karen Anderson (3 of 3 Dir Apptd; Aug 2020) | African American | Southern Nevada | Former Nurse | | Former Healthcare Admin | Faith-Based Community Leader |
| 8. | BoH Apptd VACANCY | | | | | | |
| 9. | BoH Apptd VACANCY | | | | | | |

2 open seats. Available profiles are:

1. **Public at large;** health care provider / nonprofit
2. **Latinx / Native American / API;** LGBTQ and differently abled encouraged
3. **Rural (i.e. Central)** or Northern resident
4. **Senior/Elder Advocate**

Revised as of April 28, 2022

RUTU EZHUTHACHAN

Over 15 years of managed care experience in the Nevada market with experience on both provider and payor side, additionally with strong community involvement in the areas of health and education.

EXPERIENCE

OCTOBER 2021 – CURRENT

CHIEF MEDICAL OFFICER, HEALTH PLAN OF NEVADA MEDICAID LAS VEGAS, NV
BOARD CERTIFIED PEDIATRICIAN

JUNE 2013 – CURRENT

MEDICAL DIRECTOR, HEALTH PLAN OF NEVADA (UHC NV) LAS VEGAS, NV
BOARD CERTIFIED PEDIATRICIAN

- Medical Director of Health Plan of Nevada Quality Improvement since 2015 – Management of the Accreditation, HEDIS, Health Education Wellness, Disease Management, and Pregnancy Concierge teams for HPN which includes over 50 reports in hierarchy.
- Medical Management Duties since 2013– Utilization Management, Prior Authorizations, Maternal Child/NICU initiatives, and Appeals. MD resource and support for inpatient & outpatient nurse case managers. Primary MD support for NICU, Pediatrics, OB topics.
- Health plan experience in credentialing, CME, network provider education, and Medicaid RFP participation.

DECEMBER 2005 – JUNE 2013

CHIEF OF PEDIATRICS, SOUTHWEST MEDICAL ASSOCIATES LAS VEGAS, NV

- Chief of Department with management of 6 Pediatric Outpatient clinics and an inpatient pediatric hospitalist team, serving a population of >60,000 pediatric members in the Las Vegas area.
- Managed 15 pediatric physician staff for all locations and created initiatives to enhance pediatric care for patients.
- Provided Associate Medical Director support for Prior Auth and Appeal reviews for HPN while in this role.

OCTOBER 2003-DECEMBER 2005

TEAM LEAD PHYSICIAN, SOUTHWEST MEDICAL ASSOCIATES LAS VEGAS, NV

Worked as a team lead physician managing physicians and initiatives at 3 clinics. Full time general pediatric practice.

MAY-OCTOBER 2003

PEDIATRICIAN, SOUTHWEST MEDICAL ASSOCIATES LAS VEGAS, NV

Full time general pediatrician in managed care large group practice.

JANUARY-MAY 2003

NEONATOLOGY HOUSE OFFICER, ST. JOHN MCCOMB WARREN, MI

Attended high risk deliveries stabilized premature and sick term infants until transferred to Level III facility.

JULY 1999 – OCTOBER 2002

PEDIATRIC RESIDENCY, ST. JOHN HOSPITAL AND MEDICAL CENTER DETROIT, MI

Third year Chief Resident.

EDUCATION

APRIL 2015

MASTER'S DEGREE IN MEDICAL MANAGEMENT, UNIVERSITY OF SOUTHERN CALIFORNIA, MARSHALL SCHOOL OF BUSINESS

APRIL 1999

DOCTOR OF MEDICINE, AMERICAN UNIVERSITY OF THE CARIBBEAN

APRIL 1995

BA PSYCHOLOGY, UNIVERSITY OF MICHIGAN

ACTIVITIES

- Medical Advisory Committee Member for Make-a-Wish – 2019-current
- Board Member of the Public Education Foundation – 2010-2019
- Board Member of the Acelero Head Start Clark County – 2010-current
- Nevada Early Childhood Advisory Council – appointed 2010-2013
- Board Member Baby's Bounty- July 2010-current
- Medical Advisor to the Statewide Maternal Child Health Coalition – 2012-2014
- Steering Committee – Statewide Maternal Child Health Coalition -2016-current
- Vice Chair of Immunize Nevada – January 2015 –Dec 2017
- Chair Immunize Nevada – January 2017-January 2019
- Board Member Immunize Nevada – 2015-2020
- Medical Advisor for Southern Nevada Immunization Coalition – 2008-2012
- Nevada AAP Immunization Subcommittee Vice-Chair –2007-2009
- Advisory Board for NvCLPPP – 2019 -current

AWARDS

- Las Vegas Heals Award - 2015
- CDC Immunization Champion Nevada Award - 2013

- Top Docs 2012 Award – Seven Magazine
- Las Vegas’ 40 under 40 Award recipient - 2011
- Public Health Hero Award recipient - 2011
- Community Health Partner Award recipient - 2011
- Nevada Silver Syringe Award recipient - 2008
- Pediatric Provider of the Quarter for Southwest Medical Associates – Second Quarter 2005
- First Prize Resident Research – TV Viewing in Hospitalized Children, St. John Hospital & Medical Centers, 2002

ADDITIONAL PROFESSIONAL ACTIVITIES

- Public Speaking – Recent listed below
 - 1) Health and Wellness Lecture for Caesar’s Female Executives – November 2019
 - 2) Discuss Senior Health and NV Health Rankings with Legislators – January 2020
 - 3) Immunization Lecture for NV Association Family Practice – January 2020
- Preceptor for Touro University College of Osteopathic Medicine. Precept both third and fourth year for pediatric core rotations July 2004 – May 2013
- Precept Touro Family Practice Residents until May 2013

PROFESSIONAL MEMBERSHIPS

**FELLOW OF THE AMERICAN ACADEMY OF PEDIATRICS
MEMBER OF THE NV CHAPTER AAP
MEMBER OF THE CLARK COUNTY MEDICAL SOCIETY**

LICENSE & BOARD CERTIFICATION

**ACTIVE NV AND MI LICENSES
BOARD CERTIFIED PEDIATRICIAN**

3/11/2022

REIMUND SERAFICA, Ph.D., MSN, APRN, PMHNP-BC RN, CNE

WORK CONTACT INFORMATION:

LICENSURE/CERTIFICATION:

Nevada RN License
North Carolina RN License
Certified Nurse Educator (NLN)
PMHNP Board Certified (ANCC)

EDUCATION:

| <u>Date</u> | <u>Institution</u> | <u>Field of Study</u> | <u>Degree</u> |
|-------------|--------------------------------------|---------------------------|---------------|
| 2020 | University of Nevada Reno | Psychiatric N.P. | PMHNP |
| 2011 | The University of Hawaii at Manoa | Nursing | Ph.D. |
| 2006 | Gardner-Webb University | Nursing Administration | MSN |
| 2002 | Gardner- Webb University | Nursing | BSN |

ACADEMIC EXPERIENCE:

| <u>Date</u> | <u>Position</u> | <u>Institution, City, State</u> |
|------------------|----------------------------------------------|----------------------------------------------------------|
| 2020- present | Associate Professor | UNLV, Las Vegas, NV |
| 2014-2020 | Assistant Professor | UNLV, Las Vegas, NV |
| 2011-2014 | Assistant Professor/Chair RN- BSN Program | Gardner-Webb University, Boiling Springs, NC |
| 2009-2011 | Lecturer | Spartanburg College, Spartanburg, SC |
| 2006-2009 | P.T. Clinical Instructor | University of South Carolina Upstate, Spartanburg, SC |

EXPERIENCE OTHER THAN ACADEMIC TEACHING:

| <u>Date</u> | <u>Title</u> | <u>Place</u> |
|-------------|---------------------|-------------------------------------------|
| 2022- | P.T. Psych N.P. | Dr. Kevin Bernstein Group, Las Vegas, NV |
| 2021-2022 | P.T. Psych N.P. | Cerebral (Tele-psych) |
| 2006-2009 | Dir. Education/Q.I. | Atrium Healthcare Systems, Lincolnton, NC |
| 2002-2006 | ICU RN/Charge | Atrium Healthcare Systems, Shelby, NC |

HONOR SOCIETIES/ACADEMIES:

HONORS AND AWARDS:

| <u>Date</u> | <u>Award</u> |
|-------------|-------------------------------------------------------------------------|
| 2020 | Gene Tranbarger Research Award, American Association for Men in Nursing |
| 2018 | Nurse of the Year (Nursing Research & Scholarship), March of Dimes |
| 2018 | Luther Christman Fellow, American Association for Men in Nursing |
| 2018 | UNLV School of Nursing Outstanding Teaching Award |

| | |
|------|-------------------------------------------------------------|
| 2017 | Okura Leadership Nurse Scholarship Award, AAPINA |
| 2015 | UNLV School of Nursing Outstanding Research Award |
| 2014 | Outstanding Graduate Faculty Award, Gardner-Webb University |
| 2014 | Faculty Scholarship Award, Gardner-Webb University |
| 2013 | Outstanding Alumnus Award, Gardner-Webb University |
| 2013 | Emerging Scholar Award, University of Toronto |
| 2011 | Best Dissertation Award, the University of Hawaii at Manoa |
| 2002 | Grace C. Lee Award, Gardner-Webb University |

RESEARCH, CREATIVE ACCOMPLISHMENTS, AND SCHOLARSHIP:

See ORCID: 0000-0001-6875-5168; Scopus Author ID: 44761541800

PUBLICATIONS

(* denotes data-based; underlined denotes mentored student co-author=Danque, Furr

Peer-Reviewed Publications

- *Stanik, P., Morris, B., **Serafica, R.**, Webber, K. (2021). MySnapFoodLog: Culturally sensitive food photo-.logging app for dietary biculturalism studies. In: Bebis G. et al. (eds) Advances in Visual Computing. ISV 2020. *Lectures in Computer Science*, 12510, 470-482.
- Duncan, C., **Serafica, R.**, Williams, D., Kuron, M., and Rogne, A. (2020) . Telepsychiatry during the COVID -19 pandemic. *The Nurse Practitioner*, 45, 12, 6-9.
- *Reyes, A. T., **Serafica, R.**, & Sojobi, A. (2020). College student veterans' experience with mindfulness- and acceptance-based mobile app intervention for PTSD: A qualitative study. *Archives of Psychiatric Nursing*, 34(6), 497–506. <https://doi.org/10.1016/j.apnu.2020.09.005>
- Davis, D., Navalta, James, McGinnis , G., **Serafica, R** ; Izuora K; & Basu, A (2020). Effects of acute dietary polyphenols and post-meal physical activity on postprandial metabolism in adults with features of the metabolic syndrome. *Nutrients*. doi:10.3390/nu12041120
- ***Serafica, R.**, Lekhak, N., & Bhatta, T. (2019). Acculturation, acculturative stress and resilience among older immigrants in the United States. *International Nursing Review*. (IF= 1.496).
- ***Serafica, R.**, Lukkahatai, N., Morris, B.T., & Webber, K. (2019). The use of social media and mEMA technology in comparing compliance rate among users. *Asian/Pacific Island Nursing Journal*.
- ***Serafica, R.** & Reyes, A.T. (2019). Acculturative stress as experienced by Filipino grandparents in America: A qualitative study. *Issues in Mental Health Nursing*. (IF= 0.825)
- ***Serafica, R.**, Inouye, J., Lukkahatai, N., Braginsky, N., Pacheco, M., & Daub, K. F. (2019). The use of mobile health to assist self-management and access to services in a rural community. *Computers, Informatics, Nursing: CIN*. Available online: DOI: 10.1097/CIN.0000000000000494 (IF= 1.056)

- *Reyes, A. T., **Serafica, R.**, Cross, C. L., Constantino, R. E., & Arenas, R. A. (2018). Resilience, acculturative stress, and family norms against disclosure of mental health problems among foreign-born Filipino American women. *Asian/Pacific Island Nursing Journal*, 3 (3), 80-92
DOI: 10.31372/20180303.1002
- Serafica, R.**, Knurick, J., & Morris, B.T. (2018). Concept analysis of dietary biculturalism in Filipino immigrants within the context of cardiovascular risk. *Nursing Forum*, 53 (2), 241-247.
DOI:10.1111/nuf.12232
- Gatlin, T.K., **Serafica, R.**, & Johnson, M. (2017). Systematic review of peer education intervention programmes among individuals with type 2 diabetes. *Journal of Clinical Nursing*, 24, 4212-4222. DOI: 10.1111/jocn.13991 (IF=1.635)
- *Angosta, A., **Serafica, R.** (2017). Assessing physical activity levels in Filipino Americans with hypertension using the Rapid Assessment of Physical Activity Questionnaire. *Home Health Care Management & Practice*, 29(2), 91-95. DOI: 10.1177/1084822316685517
- Serafica, R.**, Gatlin, T. (2017), Web-based intervention among adults: Relevance to anthropometric indicators. *Philippine Journal of Nursing*, 86(2), 5-16.
- *Lane, S., **Serafica, R. C.**, Huffman, C., Cuddy, A. (2016). Making research delicious: An evaluation of nurses' knowledge, attitudes, and practice using the Great American Cookie Experiment with mobile device gaming. *Journal for Nurses in Professional Development*, 32(5), 256-61. DOI: 10.1097/NND.0000000000000292
- ***Serafica, R.**, Dalusung-Angosta, A. (2016). Acculturation and changes in body mass index, waist circumference, and waist-hip ratio among Filipino Americans with hypertension. *Journal of the American Society of Hypertension: JASH*, 10 (9), 733- 740
<https://doi.org/10.1016/j.jash.2016.07.002> (IF= 2.615)
- ***Serafica, R.**, Lane, S. (2016). The meanings of diabetes, healthy lifestyle, and barriers to healthy lifestyle among Filipino immigrants in the United States. *Philippine Journal of Nursing*, 86(1), 29-38.
- Lane, S., **Serafica, R.** (2015). Examining the emerging ideas of connection within nursing practice and education. *Philippine Journal of Nursing*, 85(1), 14-27.
- ***Serafica, R.**, Lane, S., Ceria-Ulep, C. D. (2015). Hapag Kainan: Dietary consumption of fat, sugar, fruits, and vegetables among Filipino-Americans. *Journal of Cultural Diversity*, 22(3), 96-104.
- Furr, S., Lane, S., **Serafica, R.** (2015). Service-learning and interprofessional education in the nursing curriculum. *Journal of Christian Nursing*, 32 (3), 162-167.
DOI: 10.1097/CNJ.0000000000000178
- *Angosta, A.D, **Serafica, R.**, Moonie, S. (2015). Measuring enjoyment of ballroom dancing in Filipino Americans using the Physical Activity Enjoyment Scale, *Asian Pacific Island Nursing Journal*, 1-9 DOI: 10.1177/2373665815585320
- Serafica, R.** Dietary acculturation in Asian Americans. (2014). *Journal of Cultural Diversity*, 21(4), 145-151.

- *Danque, C. T., **Serafica, R.**, Lane, S., Hodge, M. A. (2014). Incivility in the hospital environment. *Journal for Nurses in Professional Development*, 30(4), 185-189.
DOI: 10.1097/NND.0000000000000059
- Lane, S. H., **Serafica, R. C.** (2014). An exploration of the concept of connect. *Nursing Forum*, 49(1), 39-48. <https://doi.org/10.1111/nuf.12035>
- ***Serafica, R. C.**, Lane, S. H., Ceria-Ulep, C. D (2013). Dietary acculturation and predictors of anthropometric indicators among Filipino Americans. *Sage Open*, 3(3), 1-15.
<https://doi.org/10.1177/2158244013495543>
- Lane, S. H., **Serafica, R.**, Hodge, M. A. (2013). Reflections of cultural dimensions in undergraduate students' transcultural perceptions. *Philippine Journal of Nursing*, 83(2), 19-26.
- Serafica, R.**, Lane, S. A literature review of dietary acculturation in Asian Americans. (2012)
Philippine Journal of Nursing, 82(2), 3-12.
- Serafica, R. C.** (2011). Concept analysis of acculturation in Filipino immigrants within health context. *Nursing Forum*, 46(3), 128-36.
<https://doi.org/10.1111/j.1744-6198.2011.00231.x>
- *Ceria-Ulep, C. D., **Serafica, R. C.**, Tse, A. (2011). Filipino older adults' beliefs about exercise activity. *Nursing Forum*, 46(4), 240-250.
<https://doi.org/10.1111/j.1744-6198.2011.00238.x>
- Ceria-Ulep, C. D., Tse, A. M., **Serafica, R. C.** (2011). Defining exercise in contrast to physical activity. *Issues in Mental Health Nursing*, 32(7), 476-478.
<https://doi.org/10.3109/01612840.2010.525692> (IF=0.825)

Conference Proceedings Abstracts

- Serafica, R.**, Inouye, J., Lukkahatai, N., Braginsky, N., Pacheco, M., & Daub, K. F. (2018). *The Use of mHealth to Assist Self-Management and Access to Services in a Rural Community*. <https://kahualike.manoa.hawaii.edu/apin/>
- Serafica, R.** (2017). *The Feasibility of Using Social Media for Dietary Self-Management in Vulnerable Populations*. Digital Scholarship @UNLV
- Dalusung-Angosta, A., Gatlin, P. K., **Serafica, R.C.** (2016). *Effects of Dance in Chronic Illness: A Systematic Review*. Virginia Henderson Global Nursing e-Repository.
hdl.handle.net/10755/602406
- Serafica, R. C.**, Inouye, J. (2016). *Examining the Outcomes of Web-based Interventions on Anthropometric Measurements*. Virginia Henderson Global Nursing e-Repository.
hdl.handle.net/10755/602403
- Serafica, R. C.**, Lane, S. H. (2016). *Sugar in the Blood: The Meanings of Diabetes Among Newly Arrived Filipinos in the United States*. Virginia Henderson Global Nursing e-Repository.
hdl.handle.net/10755/602934

INTERNATIONAL/NATIONAL PRESENTATIONS

(* denotes International)

Refereed Papers and Posters

Serafica , R. et al . (2021, October) Best practice in publications Part 3. Panel presentation. Transcultural Nursing Society Annual Conference (Albuquerque, New Mexico)

Serafica, R. et al. (2020, October) . Best practice in publications Part 2. Panel presentation. Transcultural Nursing Society Annual Conference (virtual)

Serafica, R. et al. (2019, October) . Best practice in publications Part 1. Panel presentation. Transcultural Nursing Society Annual Conference (Richmond, Virginia)

*Lukkahatai, N., **Serafica, R.** (2018, December). Feasibility and acceptability of a combined mobile technological activity program on nonpathological fatigue. Podium presentation presented at the 8th Hong Kong International Nursing Forum. December 17-18, 2018, Hong Kong, PRC (Co-author).

Serafica, R. (2018, October). Acculturative stress and dietary indicators among older Filipino men with chronic diseases. Poster presentation presented at the 43rd Annual Conference of the American Association for Men in Nursing. October 4-6, 2018, Milwaukee, Wisconsin (Author and Presenter).

Serafica, R. (2018, October). I have a smartphone... now what? The use of mHealth among the vulnerable populations in Hawaii. Paper presented as part of a Panel presentation at the 44th Annual Conference of the Transcultural Nursing Society. October 18-20, 2018. San Antonio, Texas (Author and Presenter).

Serafica, R. (2018, September). The use of mHealth to assist self-management and access service in rural community. Podium presentation presented at the 15th Annual Conference of the Asian American Pacific Islander Nurses Association. September 22- 23, 2018. Durham, North Carolina (Author and Presenter).

***Serafica, R.** (2018, August). The use of mHealth to assist self-management and access services In rural Hawaii. Poster presented at the University of the Philippines Nursing Alumni Association International, INC. (UPNAII) 39th Annual UPNAAI Education Conference. August 3, 2018. Las Vegas, Nevada, USA (Author and Presenter).

***Serafica, R.** (2018, August). Acculturative stress and dietary indicators among older Filipino men with chronic diseases in Southern Nevada. Poster presented at the University of the Philippines Nursing Alumni Association International, INC. (UPNAAI) 39th Annual UPNAAI Education Conference. August 3, 2018. Las Vegas, Nevada, USA (Author and Presenter).

Serafica, R. (2017, October). Adherence and satisfaction of using social media for dietary self-management among Filipino Americans. Podium presentation presented at the 43rd Annual Conference of the Transcultural Nursing Society. October, 18-21, 2017. New Orleans, Louisiana (Author and Presenter).

Serafica, R. (2017, September). Acculturation and changes in anthropometric indicators

among Filipino men with hypertension. Podium presentation presented at 42nd Annual Conference of the American Association for Men in Nursing .September 21-23, 2017. Las Vegas, Nevada (Author and Presenter).

- Serafica, R** (2017, March). The feasibility of using social media for dietary self-management in vulnerable populations. Paper presented as part of a Symposium presentation presented at the 14^t Annual Conference of the Asian American Pacific Islander Nurses' Association. March 24 26, 2017. Honolulu, Hawaii (Author and Presenter).
- Serafica, R.** (2016, October). Mediators and moderators to anthropometric measurements among hypertensive Filipino Americans. Podium presentation presented at the 42nd Annual Conference of the Transcultural Nursing Society, October 12-15, 2016. Cincinnati, OH. (Author and Presenter).
- Serafica, R.** (2016, September). Physical function, quality of life, acculturation, and anthropometric measurements among hypertensive Filipino Americans. Podium presentation presented at the State of the Science Congress on Nursing Research (Council for the Advancement of Nursing Science) September, 16, 2016. Washington: D.C. (Author and Presenter).
- *Serafica, R.** (2016, April). Acculturation, health literacy, and weight gain and obesity: Perceptions among newly arrived hypertensive Filipinos in the United States. Podium presentation presented at the 13th Annual Conference of the Asian American Pacific Islander Nurses' Association. April 4-7, 2016. Baja, MEXICO. (Author and Presenter).
- *Serafica, R.** (2015, November). Examining the outcomes of web-based interventions on anthropometric measurements. Paper presented as part of a Symposium presentation at the Sigma Theta Tau **43rd** Biennial Convention. November 7-11, 2015. Las Vegas, Nevada, USA (Author and Presenter).
- Serafica, R.** (2015, October), 41st Transcultural Nursing Conference, Sugar in the blood: The meanings of diabetes among newly arrived Filipinos in the United States. Podium presentation presented at the 41st Transcultural Nursing Society. October 28-31, 2015. Portland, Oregon (Author and Presenter).
- *Serafica, R.** (2015, May). *Tumataba at Mataba*: The meanings of excessive weight gain and obesity among newly arrived Filipino Americans . Poster presented at the 4th Canadian Obesity Summit in the United State. April 28 – May 2, 2015. Toronto, Ontario, CANADA (Author and Presenter).
- Angosta, A., & **Serafica, R.** (2015, March). Ballroom dance: A culturally acceptable physical activity among Filipino Americans. Podium presentation presented at the 12th Annual Asian American Pacific Islander Nurses Association. March 27-28, 2015). Las Vegas, Nevada (Co-presenter).
- Hodge, M. A, Lane, S, **Serafica, R.** (2014, October), Non-traditional interdisciplinary education within nursing curricula. Poster presented at the 40th Transcultural Nursing Society. Charleston, South Carolina (Author).
- *Serafica, R.** (2013, May). Dietary model of dietary practices among first generation Filipino Immigrants. Podium presentation presented at the 6th Daphne Cockwell School of

Nursing Annual Nursing Research Day. Ryerson University, Toronto, Ontario, CANADA (Author and Presenter).

Serafica, R., Lane, S. and Ceria-Ulep, C. (2013, March). Hapag kainan: Dietary consumption of Filipino Americans. Poster presented at the 11th Asian American Pacific Islander Nurses Association Conference, Hale Koa Hotel, Honolulu, Hawaii (Author).

Serafica, R. (2012, October) .Dietary acculturation of first generation Filipino- Americans in the United States. Podium presentation presented at the 38th Transcultural Nursing Society Conference .The Florida Hotel and Conference Center, Orlando, Florida (Author and Presenter).

***Serafica, R.** (2012, August) Dietary consumption of fat, sugar, fruits and vegetables and anthropometric indicators among Filipinos in U.S. Podium presentation presented at the Sigma Theta Tau 23rd International Nursing Research Congress at the Brisbane Convention Center, Brisbane, AUSTRALIA. (Author and Presenter).

Serafica, R. (2012, March). Predictors of anthropometric Indicators and dietary acculturation among Filipino-Americans in the United States. Podium presentation at the 10th Asian American Nurses Association Conference at Tropicana Hotel, Las Vegas, Nevada.

Ceria-Ulep, C., & **Serafica, R.** (2011, October). Filipino older adults' beliefs about physical activity. Podium presentation presented at the 37th Transcultural Nursing Society Conference, Las Vegas, Nevada. (Author and Co-presenter).

REGIONAL AND STATE PRESENTATIONS

(underlined denotes mentored student co-author= Smith)

Refereed Papers and Posters

Lane, S. **Serafica, R.** Hodge, M. A. (2014, November), Reflections of cultural dimensions in undergraduate students' transcultural perceptions. Podium presentation presented at the 107th North Carolina Nurse Association Annual Convention by the North Carolina Nurses Association, Greensboro, North Carolina (Author).

Serafica, R. (2012, April). Predictors of anthropometric indicators among Filipino-Americans in the United States. Poster presentation at the Delta Iota Research Symposium STTI Regional Conference at the Virginia Beach Resort Hotel and Conference. Virginia Beach, Virginia (Author and Presenter).

Serafica, R. (2012, April). Predictors of anthropometric indicators among Filipino-Americans in the United States. Poster presentation at the NCNA Nursing Research Day sponsored by Gardner-Webb University. Boiling Springs, North Carolina. (Author and Presenter).

Smith, T., & **Serafica, R.** (2012, April). Medication error: It's a matter of time. Poster presentation at the North Carolina Nurses Association (NCNA) Nursing Research Day sponsored by Gardner-Webb University. Boiling Springs, North Carolina (Presenter).

Serafica, R. (2011, August). Predictors of anthropometric measures among Filipino Americans. Virtual oral presentation at the Research Day for Doctoral Cohort. The University of Hawaii at Manoa. Honolulu, Hawaii (Author and Presenter).

GRANTS AND CONTRACTS
(Direct costs* unless otherwise specified)

Previous support

Internal: Feasibility study of using a mobile application to assess sleep activity patterns in nursing students. **Co-Investigator**, SON Faculty Grant, PI: J. Kim

Internal: FoodApp for tracking and identifying dietary biculturalism in Filipinos in Southern Nevada in the Collaborative Interdisciplinary Research Award category. **Co-Principal Investigator**, Faculty Opportunity Award (UNLV). \$17,410. 07/2018-06/2020

External: Acculturative Stress, Quality of Life, and Dietary Indicators among Filipino Older Adults. **Principal Investigator**, Asian American Pacific Islander Gero-Psychiatric Research Award. \$1,000. 02/16/17- 02/16/19

Internal: The use of mHealth to Assist Self-Management and Access Services in a Rural Community. **Co-Principal Investigator**. \$11,655. Toni and Renee Marlon Professorship Award, 09/01/16-09/01/18

Internal: Using Mobile Ecological Momentary Assessment to Assess Dietary and Physical Activity: A Feasibility Study. **Principal Investigator**. \$8,898. Center for Biobehavioral Interdisciplinary Science, 10/1/16-3/31/18

Internal: The Feasibility of Using Social Media for Dietary Self-Management in Vulnerable Populations. **Principal Investigator**, UNLV SON. \$9,532. 12/22/15-12/22/17

Internal: Physical Function and Dietary Consumption of Fruit and Vegetables as Mediators to Acculturation Among Hypertensive Filipino Americans. **Principal Investigator**. UNLV SON. \$5,000. 10/01/2015-07/01/2016.

Other

Creative Research Assignment Workshop Invited Attendee, UNLV Faculty Institute, Stipend \$1,000. 1/8-9/2018

Okura Leadership Nurse Scholar Award, Asian American Pacific Islander Nurses Association. Recipient, \$1,000. 3/24/2017

UFTC Award Recipient. \$ 614.44. Fall, 2018

Continuing Education Award Sigma Theta Tau (Zeta Kappa At-Large Chapter), Recipient. \$1,000. 02/27/2017.

UFTC Award. Recipient. \$150. Fall, 2017

Silvestri Travel Funds. Recipient. UNLV School of Nursing. \$500. 05/06/16.

UFTC Award. Recipient. \$450 Fall, 2016

Grants Under Review:

Developing conceptual , data, and analytical resources to improve understanding of lodging and food service workers' health inequities. **Co-Investigator**, PI: Sonmez, S; Apostolopoulos, Y., RO1, NIMH/NIH submitted Summer 2021.

Investigating the social, behavioral, and economic links between COVID 19 and health using existing data and establishment of a nationwide, longitudinal cohort study. **Co-Investigator**, PI: T.Grigsby, UO1, NIMH/NIH submitted, Fall2021.

An immersion intervention for symptoms of PTSD in student veterans. **Co-Investigator**, PI: R. Benfield, Sigma Theta Tau International, submitted Fall 2021.

TEACHING:

COURSES TAUGHT

The University of Nevada, Las Vegas School of Nursing

Undergraduate Courses

NURS 299, Nutrition and Development across the Lifespan (didactic; online)
 NURS 140, Medical Terminology (didactic; online)
 NURS 350L, Population-Focused Nursing in the Community (clinical)
 NURS 401, Nursing Care of Older Adults (didactic and clinical; face to face)
 NURS 420, Evidence-Based Practice and Research in Nursing (didactic; online)
 NURS 425, Complex Care Nursing (clinical; face to face)
 NURS 419, Care of Individuals and Their Family Experiencing Emotional or Mental Health Disruptions (clinical)

Graduate Courses

NURS 794, Psychiatric Mental Health Nurse Practitioner: Assessment and Diagnosis of Psychiatric Mental Health Disorders Across the Lifespan (clinical)
 NURS 706, Nursing Theory and Research (didactic, online)
 NURS 711, Informatics and Quality Improvement (didactic; online)
 NURS 719R, Health & Public Policy for Advanced Practice of Nursing (didactic; online)

Gardner-Webb University, School of Nursing

Graduate Courses

NURS 704, Leadership in Development and Analysis of Health Care Policy (DNP)
 NURS 711, Immersion/ Project Capstone (DNP)
 NURS 610, MSN Thesis (Part 1)
 NURS 612, MSN Thesis (Part 2)
 NURS 501, Nursing and Health Systems Issues
 NURS 555, Special Topics in Nursing (Quality Improvement)
 NURS 502, Methods of Advanced Research
 NURS 503, Perspectives of Caring (online)
 NURS 616, Advanced Nursing Specialty Practicum
 NURS 500, Theoretical Basis for Advanced Practice

Undergraduate Courses

NURS 106, Fundamental Concepts of Nursing
 NURS 107, Fundamental Concepts Experiential Lab
 NURS 303, Trends in Healthcare

NURS 261, Basic Concepts of Nursing
 NURS 300, Concepts of Professional Nursing (online)
 NURS 301, Research in Nursing (online)
 NURS 412, Community and Public Health Nursing
 NURS 415, Community and Public Health Nursing Practicum
 NURS 409, Senior Seminar

First Year Program
 University 111, Dimensions of University Life

Spartanburg College

NURS 202, Nursing Concept and Clinical Practice I (didactic and clinical)

STUDENT MENTORING

University of Nevada, Las Vegas

1. Sarah Zvonar, serves as Ph.D. chair (Nursing)
2. Stacy Sumpter, serves as DNP chair (Nursing)
3. Debra Rojas, serves as Ph.D. chair (Nursing)
4. Dustin Davis, served as Ph.D. Graduate Representative (Nutrition Science)
5. Kimberly Borghese, served as DNP chair (Nursing—did not complete)
6. Angela Sojobi, served as a Ph.D. dissertation committee member (Nursing)
7. Kristen Herlosky, trained on literature review and synthesis and data entry (Medical Anthropology)
8. Mary Jessica Jauregi, trained on recruitment, data collection, and literature search (Nursing)
9. Shaira Rose Soriano, trained on recruitment, data collection, and literature search (Nursing)
10. Hannah Borguilla, trained on recruitment, data collection, and literature search (Nursing)
11. Denise Warner, trained on data analysis (Nutrition Science)
12. Tonya Cooper, trained on data analysis (Nutrition Science)
13. Karina Marshall serves as master thesis committee member/graduate representative (Nutrition Science)
14. Abigail Reyes, served as master's thesis committee member/ graduate representative (Community and Public Health)
15. Meagan Leavitt, trained on recruitment, data collection and literature search (Nutrition Science)
16. Sara McPherson, served as Ph.D. dissertation committee member (Nursing)
17. Jennifer Bussen, served as Ph.D. dissertation committee member (Nursing)
18. Delene Volkert, served as Ph.D. dissertation committee member (Nursing)
19. Maileen Ulep-Reed, trained on recruitment, data collection and literature search (Medical Anthropology)
20. Amanda Aldana, trained on recruitment, data collection and literature search (Nursing)
21. Davrin Davis, trained on recruitment, data collection and literature search (Nursing)
22. Audwin Angosta, trained on recruitment, data collection and literature search (Psychology)

Gardner-Webb University

1. Jane Leonard, served as master thesis chair (Nursing)
2. Monica Covan, served as master thesis chair (Nursing)
3. Janice Martin, served as master thesis chair (Nursing)
4. Thomas Smith, served as master thesis chair (Nursing)

5. Shona Bible, served as master thesis chair (Nursing)
6. Dana Blake ,served as master thesis chair (Nursing)
7. Ellen Abbott, served as master thesis chair (Nursing)
8. Helen Gale Waters, served as master thesis chair (Nursing)
9. Robin Lang, served as DNP committee member (Nursing)
10. Tracy Petleski, served as DNP committee member (Nursing)
11. Michelle Skipper, served as DNP committee member (Nursing)
12. Candice Rome, served as DNP committee member (Nursing)
13. Jeffrey Carmack, served as DNP committee chair (Nursing)
14. Susan Furr, served as a co-author for publication
15. Cynthia Danque, served as master thesis chair and co-author for publication (Nursing)
16. Blair Teeters, served as Honor thesis undergraduate advisor (Nursing)

SERVICE:

UNIVERSITY

| | |
|----------------------|-------------------------------------------------------------------------------|
| 2021- present | Search Advocate for UNLV |
| 2020-present | Graduate Program Review Committee |
| 2018-2019 | Faculty Senate Representative (elected) |
| 2018- present | Founding Vice- President (elected), Men in Nursing of Southern Nevada |
| Fall 2017- present | Founder, Men in Nursing of Southern Nevada (UNLV) |
| Fall 2016-2018 | Affiliated Faculty Member, Center for Biobehavioral Interdisciplinary Science |
| Fall 2015– Fall 2017 | Expert advisor to Solar Decathlon Project Application (Aging in Place) |

SCHOOL/DEPARTMENT

University of Nevada, Las Vegas

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|----------------|----------------------------------------------------|
| 2022- present | Quality Matters, Peer Reviewer for SON |
| 2021-present | Chair-elect, Promotion and Tenure Committee |
| 2021 | Faculty Marshall, Fall 2021 SON Recognition |
| 2021- present | Faculty Mentor, Esmeralda Clark |
| 2020-2021 | Member, Workload Policy Taskforce |
| 2019- present | Chair, Faculty Search Committee (elected) |
| 2018- 2020 | Member, Second Degree entry to BSN Task Force |
| 2018-2019 | Member, NLN Center of Excellence Task Force |
| 2017-2019 | Faculty mentor, Nirmala Lekhak (assigned) |
| 2017-present | Reviewer, Admission for Ph.D. applicants |
| 2016-present | Reviewer, Admission for MSN applicants |
| 2015-2018 | Member, Academic Affairs Council |
| 2017-2018 | Chair, Academic Affairs Council (elected) |
| 2016-2017 | Member, MSN Admission Committee |
| Fall 2016-2017 | Member, Post-Master's Psych N.P. program Taskforce |
| 2015-varies | Faculty Volunteer, Poverty Simulation |

PROFESSIONAL ORGANIZATIONS

| | |
|---------------|---------------------------------------------------------------------------------------------------------------------------------------------|
| 2021- present | President, Asian American Pacific Islander Nurses Association of Nevada |
| 2021 | Member, Task Force Search Committee for Editor in Chief for the Asian Pacific Island Journal |
| 2017-2019 | Vice- President, Men in Nursing of Southern Nevada |
| 2019- present | Associate Editor, The Journal of Transcultural Nursing |
| 2018-2019 | <u>Guest Editor, Special Issue:</u> Health and Technology, Asian/Pacific Island Nursing Journal |
| 2018-2019 | Member, Planning Committee for the American Association for Men in Nursing National Conference (2019) |
| 2018 | Founding member, Asian American Pacific Islander Nurses Association of Nevada (AAPINA of Nevada) |
| 2018-2020 | President-Elect, Asian American Pacific Islander Nurses Association of Nevada (AAPINA of Nevada) |
| 2018 | Abstract Reviewer, Asian American Pacific Islander Nurses Association (AAPINA National) |
| 2017-2019 | Scholarship Committee Chair, Asian American Pacific Islander Nurses Association (AAPINA National) |
| 2017-2020 | Editorial Board Member, Asian /Pacific Island Nursing Journal |
| 2017 | Abstract Reviewer, Asian American Pacific Islander Nurses Association (AAPINA National) |
| 2012–2015 | Scholarship committee member, Asian American Pacific Islander Nurses Association (AAPINA National) |
| 2011–2015 | Newsletter Technological Unit Editor, Asian American Pacific Islander Nurses Association (AAPINA National) |
| 2009-2019 | Social media administrator for AAPINA National |
| 2012 | Represented AAPINA (National) during the launching of the Future of Nursing With a focus on Diversity at the Robert Wood Johnson Foundation |

COMMUNITY

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|--------------|-----------------------------------------------------------------------------------------------------------------------------|
| 2021-present | Site Director, Community Engagement Outreach (CTR-IN) |
| 2021-present | Chair, Steering Committee, AAPI Mental Health Initiatives (Nevada Minority Health and Equity Coalition) |
| 2021 | Invited Guest Speaker, Healthy Mondays, PHLV Radio Show, Las Vegas, NV (Topic: Anti-Asian Hate Crimes, Part 2 and 3 series) |
| 2021 | Guest Host, Healthy Mondays, PHLV Radio Show, Las Vegas, NV (Topic: Healthy Eyes, Healthy Vision) |
| 2021 | Moderator, Listening Session, Fatigued and Taxed, Nevada Office of Minority Health and Equity. |
| 2021 | Reviewer (external referee for Promotion and Tenure), Northern Illinois University |
| 2021 | Lead Vaccinator for AAPINA of Nevada, COVID-19 vaccination effort, UNLV, School of Medicine. |
| 2018 | AACN Faculty Mentor, Angelina Nguyen (Minority Faculty Award |

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|------|--------------------------------------------------------------------------------------------------------------------------------|
| | Recipient) |
| 2018 | Invited Guest Speaker, Healthy Mondays, PHLV Radio Show, Las Vegas, NV (Topic: Promoting the inauguration of AAPINA of Nevada) |
| 2018 | Invited Guest Speaker, Healthy Mondays, PHLV Radio Show, Las Vegas, NV (Topic: More fruits and vegetables) |
| 2018 | R.N. Volunteer, ACDC Health and Citizenship Fair, Rio Hotel, Las Vegas, Nevada |
| 2014 | Invited Guest Lecturer, Appalachian State University, Boone, North Carolina (Topic: Depression in Older Adults). |

MANUSCRIPT REVIEWER

Journal of Transcultural Nursing
 Journal of Aging and Physical Activity
 Nursing Forum
 Journal of Human Science and Extension
 Journal of International Nursing Studies
 Asian/Pacific Island Nursing Journal
 Philippine Journal of Nursing
 Contemporary Clinical Trials
 Health Equity

PROFESSIONAL MEMBERSHIPS:

| <u>Date</u> | <u>National Organization</u> |
|--------------|----------------------------------------------------|
| 2022-present | American Association of Nurse Practitioners |
| 2017-present | American Association for Men in Nursing |
| 2011-present | Transcultural Nursing Society |
| 2006-present | Sigma Theta Tau International |
| 2006-present | Asian American Pacific Islander Nurses Association |

| <u>Date</u> | <u>State/Regional</u> |
|---------------|--------------------------------------------------------------|
| 2018- present | Asian American Pacific Islander Nurses Association of Nevada |
| 2014-present | Zeta Kappa at Large (STTI) |
| 2017 -2020 | Men in Nursing of Southern Nevada |